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Khalil Ansarin, MD, FCCP

Professor of medicine

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Graduate Education:

- Nov ۲۰۰۰-Feb ۲۰۰۲ Fellowship in **Sleep Medicine**
University of Mississippi Medical Center,
Jackson, MS
- April ۹۹-June ۹۹ Fellowship in **Toronto Lung Transplant Program,**
Division of **Respiratory Medicine,** University of Toronto,
Canada
- ۱۹۷۸-۱۹۸۰ Fellowship in **Pulmonary Medicine**
Tulane University
New Orleans, Louisiana, U.S.A.
- ۱۹۷۶-۱۹۷۸ Residency in **Internal Medicine**
Mercy Hospital and Medical Center
University of Illinois, Chicago, Illinois, U.S.A.
- ۱۹۷۵-۱۹۷۶ Internship in **Internal Medicine**
Columbus-Cuneo-Cabrini Medical Center
Northwestern University, Chicago, Illinois, U.S.A.

Undergraduate Medical Education:

- ۱۹۶۷-۱۹۷۴ School of Medicine (**M.D.**)
Tabriz University, Tabriz, Iran

American Board Certification:

- **American Board of Internal Medicine, Sleep Medicine subspecialty exam, ۲۰۰۷**
- **American Board of Internal Medicine Subspecialty exam in Pulmonary Disease ۱۹۸۴**
- **American Board of Internal Medicine ۱۹۸۰**

Practice:

- Feb ۰۲-April ۰۳ **Internal Medicine, Pulmonary, Critical Care, and Sleep Medicine**, VA Medical Center, Associate Prof. of Medicine, Southern Illinois University, Marion, Illinois
- Nov ۹۹-Dec. ۹۹ Visiting Clinician in **Critical Care Medicine and Post-transplant ICU, Mayo Clinic**, Rochester, Minnesota
- Sept. ۹۷- Oct ۹۹ Clinical Research on **non-invasive assessment of airway inflammation, Division of Respiratory Medicine** and observing clinician in **Sleep medicine, University of Toronto** Canada
- July ۸۱-present **Assistant/Associate/Professor of Medicine, Tabriz University of Medical Sciences, Tabriz, Iran** and Attending physician in Internal Medicine/ICU/Pulmonary **Medicine**, Director, Division of Pulmonary and Critical Care Medicine, **Hospitals of Tabriz University of Medical Sciences, Tabriz, Iran**
- ۱۹۸۷-۲۰۱۱ A members of **Iranian Board of Internal Medicine and Pulmonary / Critical Care Medicine**
- ۱۹۹۴ -۱۹۹۷ **Director**, Iranian Board of Pulmonary & Critical Care Medicine

Licenses: Illinois, Michigan, Louisiana, Mississippi

Other certification:

FLEX – ۱۹۷۶

ECFMG – ۱۹۷۳

Memberships: Fellow: American College of Chest Physicians

Member: American College of Physician

Leadership in Organizations:

American College of Chest Physicians: Governor for Iran Chapter ۱۹۹۶-۲۰۰۰ and Regent for Iran chapter: since ۲۰۰۷

Awards: ۲nd Clinical award of Razi in ۱۹۸۲, ACCP ۲۰۰۵ Best Poster Award

Personal: Date of Birth: ۱۹۴۹ in Tabriz, Iran, Married with children

PUBLICATIONS:

١. Ansarin K, Niroomand B, Najafipour F, Aghamohammadzadeh N, Niafar M, Sharifi A, Shoja MM. End-tidal CO₂ levels lower in subclinical and overt hypothyroidism than healthy controls; no relationship to thyroid function tests. Volume ٢٠١١:٤ Pages ٢٩ – ٣٣
٢. Ansarin K, Abedi S, Ghotaslou R, Soroush MH, Ghabili K, Chapman, KR. Infection with Mycoplasma pneumoniae is not related to asthma control, asthma severity, and location of airway obstruction. ٢٠١٠. Volume ٢٠١١:٤ Pages ١ – ٤
٣. Ansarin K, Babil AS, Ghabili K, Shoja MM, Khosroshahi HT, Hajipour B, Tubbs RS, Parvizi M. Are Doppler ultrasonography parameters symmetric between the right and left kidney? Int J Gen Med. ٢٠١٠ Nov ١٦;٣:٣٧١-٣
٤. Shoja MM, Tubbs RS, Shokouhi G, Loukas M, Ghabili K, Ansarin K. The potential role of carbon dioxide in the neuroimmunoendocrine changes following cerebral ischemia. Life Sci. ٢٠٠٨ Sep ١٢;٨٣(١١-١٢):٣٨١-٧
٥. Ghabili K, Agutter PS, Ghanei M, Ansarin K, Shoja MM. Mustard gas toxicity:the acute and chronic pathological effects. J Appl Toxicol. ٢٠١٠;٣٠(٧):٦٢٧-٤٣.
٦. Sadeghi-Shanbestari M, Ansarin K, Maljaei SH, Rafeey M, Pezeshki Z, Kousha A, Baradaran R, Casanova JL, Feinberg J, de Villartay JP. Immunologic aspects of patients with disseminated bacille Calmette-Guerin disease in north-west of Iran. Ital J Pediatr. ٢٠٠٩. ٢٠٠٩ Dec ٢٣;٣٥:٤٢.
٧. Mikaeilli H, Zarghami N, Yazdchi M, Mardani M, Ansarin K. On-admission level of serum d-dimer and the severity of community-acquired pneumonia. Pak J Biol Sci. ٢٠٠٩ Mar ١٥;١٢(٦):٥١٤-٧
٨. Yaghoubi AR, Ansarin K, Hashemzadeh S, Azhough R, Faraji S, Bozorgi F. Tako-tsubo cardiomyopathy induced by emotional stress leading to severe mitral regurgitation, cardiogenic shock and cardiopulmonary arrest. Int J Cardiol. ٢٠٠٩ Jul ١٠;١٣٥(٣):e٨٥-٦
٩. Alani B, Zarghami N, Ansarin, K, Rafati N, and Mohajery A. ٢٠٠٧. Comparison of specificity and sensitivity of tumor markers of telomerase enzyme, parathyroid hormone, carcinoembryonic antigen, and cyfra٢١-١ in diagnosis of lung cancer. Feiz Periodical. ١١(٢) ٢٢-٢٨.
١٠. Shoja MM, Tubbs RS, Jamshidi M, Shokouhi G, Ansarin K. Lateralization of the respiratory control following unilateral cerebral ischemia-reperfusion injury. Respir Physiol Neurobiol. ٢٠٠٨ Feb ١;١٦٠(٢):٢٠٤-٧

۱۱. Shoja MM, Tubbs RS, Ansarin K. The role of myoendothelial gap junctions in the formation of arterial aneurysms: the hypothesis of "connexin ۴۳:۴۰ stoichiometry". *Med Hypotheses*. ۲۰۰۷;۶۹(۳):۵۷۵-۹
۱۲. Shoja MM, Tubbs RS, Ansarin K. Nasogastric versus trigemino-cardiac reflex: Two sides of a coin. *Med Hypotheses*. ۲۰۰۸;۷۰(۱):۲۰۵-۶
۱۳. Jabbarpourbonyadi M, Omrani O, Bilan N, Ansarin K, Rafiei M, Kazeminasab S. ۲۰۰۷. Investigation of exon ۱۰ and its introns in CFTR gene in patients with cystic fibrosis diagnosed in East Azarbaydjan using PCR-SSCP technique. Accepted to be published in J of Tabriz University of Medical Sciences
۱۴. Ghabili K, Shoja MM, Tubbs RS, Rahimi-Ardabili B, Ansarin K. Sonocarcinogenesis: loud noise may cause malignant transformation of cells. *Med Hypotheses*. ۲۰۰۷;۶۹(۵):۱۱۵۶-۷
۱۵. Shoja MM, Tubbs RS, Ansarin K, Varshochi M, Farahani RM. The theory of cycling antibiotic resistance. *Med Hypotheses*. ۲۰۰۷;۶۹(۲):۴۶۷-۸
۱۶. Mahmoudalilou M, Ansarin K, Ghareghozlou. ۲۰۰۷. Relationship between psychotic dependence characteristics of patients with asthma. Accepted to be published in J of Tabriz University of Medical Sciences
۱۷. Shoja MM, Tubbs RS, Ansarin K. A cure for infatuation?: the potential 'therapeutic' role of pineal gland products such as melatonin and vasotocin in attenuating romantic love. *Med Hypotheses*. ۲۰۰۷;۶۸(۵):۱۱۷۲-۳
۱۸. Shoja MM, Tubbs RS, Ansarin K, Farahani RM. Proposal for the existence of a nasogastric reflex in humans, as a potential cause of upper gastrointestinal symptoms. *Med Hypotheses*. ۲۰۰۷;۶۹(۲):۳۴۶-۸
۱۹. Seyedrezazadeh E, Ostadrahimi AR, Mahboob SA, Assadi Y, Ansarin K, Shakoori P, Pourmoghaddam M. ۲۰۰۶. Vitamin E-Selenium supplementation and clinical responses of active pulmonary tuberculosis. *Tanaffos*, ۵(۲): ۴۹-۵۵
۲۰. Noshad H, Ansarin K, Ardalan MR, Ghaffari AR, Safa J, Nezami N. Respiratory failure in organophosphate insecticide poisoning. *Saudi Med J*. ۲۰۰۷ Mar;۲۸(۳):۴۰۵-۷
۲۱. Ansarin K, Shabanpour J, Argani H, Airomlou H. ۲۰۰۵. Restless legs syndrome in patients with chronic renal failure is not related to serum ferritin or serum iron levels. *Chest* ۲۰۰۵
۲۲. Ansarin K, Nobari Tabriz M, Toufan M, Ostadrahimi AR, Ghaemmaghami M, and Airomlou H. Relationship between body fat content and arterial oxygen tension in mild-moderate obesity. *Chest* ۲۰۰۵.

٢٣. Ardalan MR, Ansarin K, Hejazi E, Nazemieh M, and Safa J. ٢٠٠٥. Aspergillosis after renal transplantation. Saudi J Kidney Dis Transplant, ١٦(٣): ٣٣٠-٣٣٣
٢٤. Baran AS, Richert AC, Douglass AB, May W, Ansarin K. Change in periodic limb movement index during treatment of obstructive sleep apnea with continuous positive airway pressure. Sleep. ٢٠٠٣ Sep;٢٦(٦):٧١٧-٢٠
٢٥. Ansarin K, Baran AS, Richert A, Jaffery A, ٢٠٠٢. Relationship between symptoms of gastroesophageal reflux disorder and parameters of sleep continuity. J SLEEP Vol٢٥: A ٤٩٨
٢٦. Richert A, Ansarin K, Baran AS. Sleep apnea and hypertension: pathophysiologic mechanisms. Semin Nephrol. ٢٠٠٢ Jan;٢٢(١):٧١-٧
٢٧. Baran AS, Richert AC, Ansarin K, Roffwarg HP, Halaris A. ٢٠٠١. REM sleep suppression in patients with obstructive sleep apnea: effects of REM suppressing medication. European Journal of Neuro-Psycho-Pharmacology.
٢٨. Ansarin K, Chatkin JM, Ferreira IM, Gutierrez CA, Zamel N, Chapman KR. Exhaled nitric oxide in chronic obstructive pulmonary disease: relationship to pulmonary function. Eur Respir J. ٢٠٠١ May;١٧(٥):٩٣٤-٨
٢٩. Ansarin K, Zamel N, Chapman KR. Exhaled hydrogen peroxide is negatively related to annual reduction of FEV₁ in patients with asthma and COPD. Am J Respir Crit Care Med ١٦١, Abstracts May ٢٠٠٠.
٣٠. Ansarin K, Zamel N, Chapman K R. ١٩٩٩. Exhaled Nitric Oxide is not a reliable indicator of symptom control and quality of life in patients with asthma. Chest Volume ١١٦(٤): ٢٩٤S.
٣١. Ansarin K, Ferreira I M, Zamel N, Chapman K R. ١٩٩٩. ENO lability index is different in patients with asthma and COPD compared to healthy normal subjects. Chest Volume ١١٦(٤): ٢٩٤S.
٣٢. Chatkin J. M., K. Ansarin, P. E. Silkoff, P. McClean, C. Gutierrez, N. Zamel, K. R. Chapman. ١٩٩٩. Exhaled nitric oxide as a noninvasive assessment of chronic cough. Am J Respir Crit Care Med. ١٥٩ :١٨١٠-١٨١٣
٣٣. Silkoff PE, Wakita S, Chatkin J, Ansarin K, Gutierrez C, Caramori M, McClean P, Slutsky AS, Zamel N, Chapman KR. Exhaled nitric oxide after beta₂-agonist inhalation and spirometry in asthma. Am J Respir Crit Care Med. ١٩٩٩ Mar;١٥٩(٣):٩٤٠-٤
٣٤. Ansarin K, , Zamel N, Chapman KR. ١٩٩٩. Exhaled nitric oxide in atopic and non-atopic subjects free of lower respiratory tract disease. Am J Respir and Crit Care Med ١٥٩; ٣: A٦٥٦.

۳۵. Ansarin K, Chatkin JM, Zamel N, Chapman KR. ۱۹۹۹ Exhaled Nitric Oxide (ENO) in Patients with Chronic Obstructive Pulmonary Disease. *Am J Respir Crit Care Med* ۱۰۹; ۳: A۴۷۷.
۳۶. Ansarin K, Zamel N, Chapman KR. ۱۹۹۸. Exhaled hydrogen peroxide in patients with asthma and chronic obstructive pulmonary disease. *Chest* ۱۱۴ (۴) ۳۶۰S.
۳۷. Chatkin JM, Ansarin K, Silkoff PE, Gutierrez C, McClean P, Zamel N, Chapman KR. ۱۹۹۸. Non-invasive assessment of airway inflammation in chronic cough: Exhaled nitric oxide. *Chest* ۱۱۴ (۴) ۳۶۰S.
۳۸. Chatkin JM, Ansarin K, Silkoff PE, McClean P, Gutierrez C, Zamel N, Chapman KR. Exhaled nitric oxide as a noninvasive assessment of chronic cough. *Am J Respir Crit Care Med*. ۱۹۹۹ Jun;۱۰۹(۶):۱۸۱۰-۳
۳۹. Ansarin K, Chatkin JM, Ghiculete D, Zamel N, Chapman KR.. ۱۹۹۸. Exhaled Nitric Oxide (ENO) levels in patients with chronic obstructive pulmonary disease (COPD) . *Eur Respir J*. Vol ۱۲:۴۳۱S
۴۰. Nader-Djalal N, Ansarin K. Hypopigmented skin lesions associated with atopic dermatitis in asthma. *J Asthma*. ۱۹۹۶;۳۳(۴):۲۳۱-۸
 Ansarin K. ۱۹۹۰. Accuracy of pulse oximeters. Presented in the ۷th Iranian Congress of Internal Medicine
۴۱. Ansarin, K., Rajai, M. A., Hosseinzadeh, R. ۱۹۹۰. Chronic granulomatous disease; Case report and review of literature. *Medical Journal of Tabriz University of Medical Sciences*
۴۲. Ansarin K. ۱۹۹۴. Yearly reduction of FEV₁ in persons exposed to Mustard gas. *European Respir J*. Vol. ۷ Suppl. ۱۸:۳۷۴S
۴۳. Ansarin, K., Namdari, A. ۱۹۹۴. FEV₁ versus PEF for follow up of patients with chronic asthma. *European Respir J*. Vol. ۷ Suppl. ۱۸: ۱۴۱S.
۴۴. Ansarin, K., Djaddaii S.H., ۱۹۹۳. Efficacy of three triple drug regimens in treatment of resistance tuberculosis. Presented in the ۴th National Iranian Congress of Tuberculosis
۴۵. Ansarin K, Nadjafiazar A. ۱۹۹۰. Diabetes and Tuberculosis: ۱- variation of clinical findings. Presented in ۱st Iranian Congress of Internal Medicine.
۴۶. Ansarin, K. ۱۹۹۰. Flow-volume curve changes ۰ Years after Exposure to Mustard gas. Presented in the ۱۶th Eastern Conference of IUAT, Beijing, China
۴۷. Ansarin, K. Naderdjalal, N. ۱۹۹۰. Asthma, vitiligo, and steroid effect. Presented in the ۱۶th Eastern Conference of IUAT. Beijing, China.

٤٨. Ansarin, K., Bamedad Moghadam, M., ١٩٨٩. Normal spirometric values in Iranian females of ١٠ - ٦٠ years of age. Presented in part in the ٧nd Annual Congress of Iranian Society of Internal Medicine

Citations: ٢٥٩ + articles and books